

DAVIDSON EYE ASSOCIATES

BEFORE LASIK/PRK SURGERY

Discontinue contact lenses 2 weeks prior to evaluation date. Lenses should not be worn for 1 week prior to surgery.

Rigid gas permeable contact lenses need to be discontinued for 3 weeks prior to evaluation date and remain out for 3 weeks prior to surgery.

If possible, do not take antihistamines or decongestants for 1 week prior to surgery and limit use for the first few weeks after LASIK. These medications will dry the eye and cause slower healing.

Let us know prior to evaluation if you are nursing, pregnant, or planning to become pregnant. We recommend waiting in most cases if you are nursing or pregnant.

After your LASIK evaluation, you may go back into contacts. Do not wear contact lenses for at least 1 week prior to surgery if soft contact wearer, 2 weeks if rigid gas permeable wearer.

Please begin to use Vigamox (antibiotic) drops 4 times per day in both eyes starting 2 days prior to surgery.

If you have questions about pricing or about our financing program through **Care Credit**, or just general questions about the procedure, please ask to speak to one of our LASIK coordinators, Shanna Wiles or Marlene Shaw.



DAVIDSON EYE ASSOCIATES POST-OP PRK INSTRUCTIONS

Beeper—242-5200

You will experience mild to moderate pain, scratchiness, and sensitivity to light for the first 3 to 5 days after surgery. You will need to plan on reduced activities because of these symptoms. Most people will not feel comfortable driving for the first 3 to 5 days after surgery. Blurred vision will occur for the first 3 to 5 days, but will steadily improve after that time. Sunglasses will greatly assist with comfort both indoors and outdoors after surgery. Wear the provided eye shields while sleeping for the first 4-5 days (until bandage contact lens is removed).

Leave the bandage contact lens in place until the doctor removes it at day 3 to 5. Do not attempt to replace it if it falls out. If it falls out, you will experience significant increase in pain. Call the doctor immediately if it falls out.

Healing time varies but most people have good functional vision at 4 days or 1 week after surgery. You may drive as soon as you feel comfortable. Your driver's license status must be changed by the DMV before you can legally drive without glasses.

Do not swim or wear makeup for the first week. Do not rub your eyes for the first week after surgery.

Use the following drops/medications after surgery: 1. Vigamox 1 drop 4 times/day. 2. FML 1 drop 4 times/day 3. Prolensa or Ilevro once per day (usually a sample will be given to you on the day of surgery. 4. Systane or Refresh Plus preservative free tears every 2 hours while awake 5. Refresh Optive with alcaine numbing drops will be given to you on the day of surgery, **use up to every 2 hours** for temporary pain relief. **Don't use more than every 2 hours or healing will be delayed.** 6. Vitamin C 500 mg twice/day can facilitate healing and decrease pain. Start immediately before or immediately after the surgery.

