



BEFORE LASIK / PRK SURGERY

Discontinue soft contact lenses 2 weeks prior to evaluation date. Lenses should not be worn for 1 week prior to surgery. Rigid gas permeable contact lenses need to be discontinued for 3 weeks prior to evaluation date and you must remain out of them 3 weeks prior to surgery.

If possible, do not take antihistamines or decongestants for 1 week prior to surgery and limit use for the first few weeks after LASIK. These medications will dry the eyes and cause slower healing.

Let us know prior to evaluation if you are nursing, pregnant, or planning to become pregnant. We recommend delaying surgery if you are nursing or pregnant.

Please begin to use **Besivance** (antibiotic) drops 4 times per day starting 2 days prior to surgery.

If you have questions about pricing and/or our financing program through **CARE CREDIT**, or if you have general questions about the procedure, please ask to speak to one of our LASIK coordinators, Emily Walker or Shanna Wiles.

ON THE DAY OF LASIK

Arrange for someone to drive you to the office on the day of surgery. Most people do not need a driver for the first post-op visit on the day after, but have one arranged in case you are not completely comfortable driving yet.

No perfumes, colognes, aftershaves or other fragrant chemicals should be worn on the day of surgery because the laser is very sensitive.

Wear warm, comfortable clothing as the laser room tends to be cool.

No smoking or caffeine on the morning of surgery, but you may eat breakfast before you come in if you desire.

Two sedative tablets will be prescribed on the day of your evaluation. Take both pills about 30-40 minutes before you arrive for your surgery. All eye drops prescribed at your evaluation should be brought to the office on the day of surgery. Use **Besivance** (antibiotic drop) one time on the morning of the surgery (30-45 minutes before arrival). Please purchase a box of preservative-free tears (Refresh plus or Systane) prior to your surgical date. Bring your artificial tears with you on the day of surgery.